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Gerontology Newsletter

Program in Gerontology

Fall 2017

Fall 2017 Gerontology Times

St. Cloud State University

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ST. CLOUD
STATE UNIVERSITY
GERONTOLOGY
PROGRAM



Gerontology Times



VOLUME 33 ISSUE 1

FALL 2017

Highlights:

- ♦ Gerontology's New Location
- ♦ MGS 43rd Annual Conference
- ♦ Spring 2018 Course Listing

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Notes from the Director

Where's Waldo, er...GERO? No need to look for a red and white striped hat, we have moved to our very own suite on the third floor of Brown Hall under the red and white (and black) "Gerontology" sign. We hope you will drop by BH 312 to see our new space, and yes, of course we still have candy!

Our location is not the only thing that is new. We are also continuing to grow our on-line courses offerings to make us more accessible no matter where you might be. In addition to this fall's "Introduction to Gerontology" (GERO 208) and "Advanced Policy in Gerontology" (GERO 620), our on-line offerings for spring include: "Popular Culture & Aging" (GERO 440/540), "Health & Aging" (GERO 465/565), and "Aging & Community: Current Issues in Social Gerontology, Culture & Diversity" (GERO 630). You can find a full listing of our face to face and on-line Spring 2018 classes on page 10.

We have also expanded access to the Gerontology Graduate Certificate! If you have been thinking about advancing your education

in aging – check out our new post-baccalaureate graduate certificate (and yes, several of the key courses for this and the Gerontology Master's program will be offered on-line)! For more information, see page 10 and/or contact our graduate coordinator, Dr. Phyllis Greenberg.

As fall semester races toward Thanksgiving, we want to also take a moment to thank you – our students, alumni, colleagues and community partners for all your support! To our graduates, we are proud of all that you are doing! To our community partners, thank you for providing so many valuable opportunities for service-learning and internships! Thank you also for including us in your work – everything from ACT on Alzheimer's to Project Homeless Connect. We are so pleased to be a part of this community!

Enjoy this amazing fall weather and don't forget to come and see us!

Rona

Rona J. Karasik, Ph.D.
Professor & Director, Gerontology

Notes from the Gerontology Graduate Coordinator

Fall is a beautiful time of the year – sunny crisp mornings and changing color of leaves. Much has been going on in graduate education in Gerontology. First welcome to our new Graduate Assistants Babita Pokharel and Nisha Khanal (who we have for fall 2017) and returning GA Amanda Clemens!

Have you heard? You can complete the Graduate Certificate on-line now!!! And you can complete most of the M.S. in Gerontology on-line as well. Want to take "face-to-face" classes, of course we have those as well.

Want to try a class on for size before committing to a Certificate or M.S., you can do that by registering as a non-degree seeking student – Here's the link:

www.stcloudstate.edu/srfs/registration/non-degree.aspx

And if that were not fantastic enough – any Gerontology courses that you take can count towards your Certificate or Masters if you decide to apply!

Graduate Coordinator's Notes Continued

If you are looking at registration for Spring 2018 these are the Gerontology courses that will be offered for Graduate Students:

GERO 505-01

Aging and Diversity T 5:30-8:20pm

GERO 535-01

Housing, Transportation and Aging M/W 3:30-4:45pm

GERO 540-01

Popular Culture and Aging on-line

GERO 565-01

Health and Aging on-line

GERO 570-01

Global Aging T/Th 3:30-4:45pm

GERO 630-01

on-line
Aging & Community: Current Issues in Social Gerontology, Culture & Diversity

GERO 644-01

Internship ** Hours Arranged

Culminating options: GERO 695 – Comprehensive Exam **; GERO 697 Starred Paper **; GERO 699 Thesis

** All hours arranged All courses with ** are by permission – please set up a time to meet with me regarding your classes for Spring 2018 and your program of study.

If you have any questions about the Masters or Graduate Certificate or anything about graduate courses please don't hesitate to contact me. Have a fantastic fall!

Phyllis

*Phyllis A. Greenberg, PhD M.P.A.
Coordinator Graduate Studies, Gerontology
Associate Professor, Gerontology Program
School of Health and Human Services*

CONGRATULATIONS!

Congratulations to Phyllis Greenberg – recipient of the 2018 Distinguished Faculty Award from the Association for Gerontology in Higher Education (AGHE).

This award recognizes persons whose teaching stands out as exemplary, innovative, of impact, or any combination thereof.

Dr. Greenberg will be presenting a lecture on March 2nd in Atlanta at the AGHE 44th Annual Meeting & Leadership Educational Conference.

GERO 440/540 - Popular Culture and Aging (On-line)

For more information contact Dr. Phyllis Greenberg
pagreenberg@stcloudstate.edu

For more information contact Dr. Rona Karasik
rjkarasik@stcloudstate.edu



Thank you to all of our host agencies and Internship preceptors!

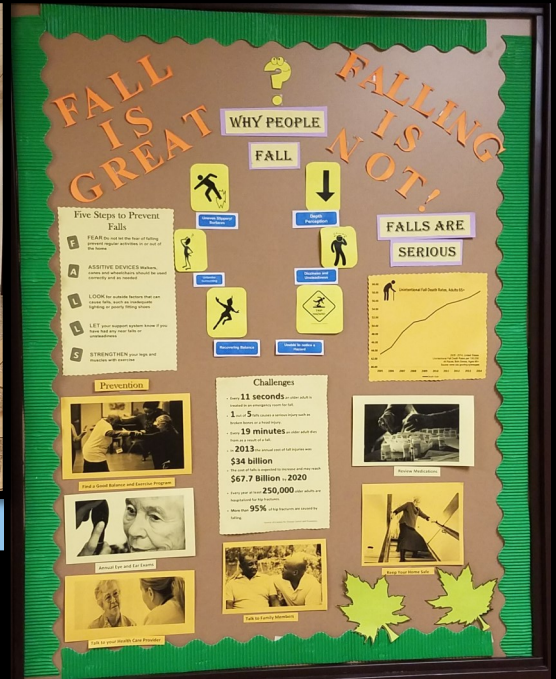
Come Visit Us In Our New Space!!



GERONTOLOGY PROGRAM Brown Hall 312



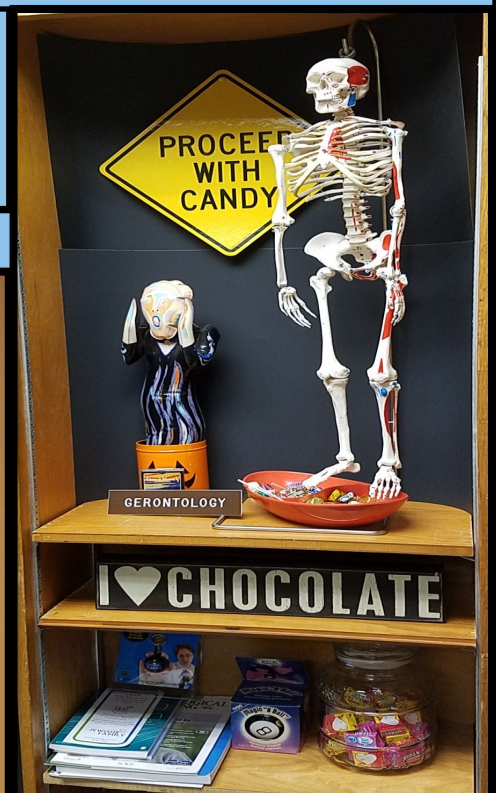
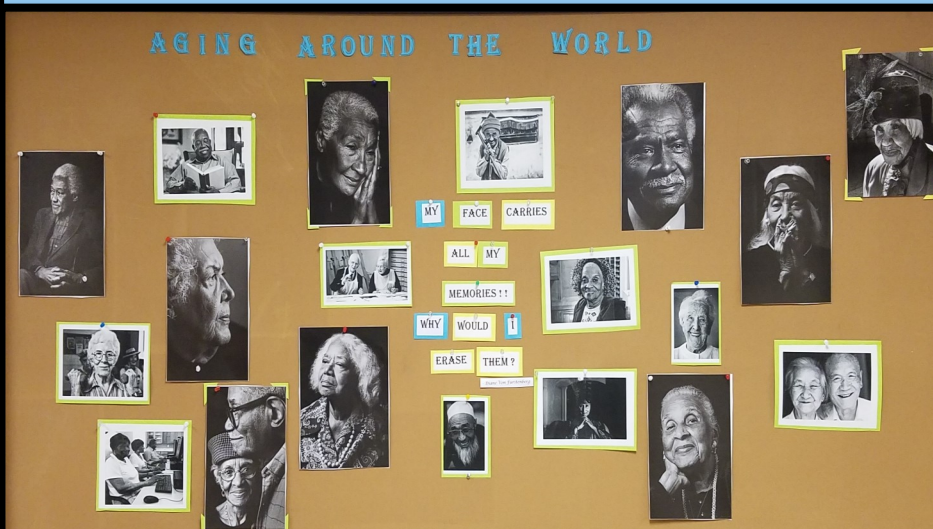
Learn more about our minor and graduate programs



Explore opportunities for careers in aging



Come meet Dr. Phyllis Greenberg and Dr. Rona Karasik



Fall 2017 Graduate Assistants

Nisha Khanal

Namaste!! I am from Nepal and I am doing my Masters in Gerontology at St. Cloud State University. I chose to graduate with a Public Health degree for my undergraduate as health prevention was always my field of interest. Concentrating in the area of aging was my priority as I feel that becoming old is not a choice however, the journey really matters!! With my Masters degree, I am focusing in the field of Gerontology to be able to promote the healthy life style of the people so that they can age healthily and happily!! A lot of things learned!! A lot of things to be learned!!

Amanda Clemens

Hello everyone! I am a second year graduate student in the Gerontology program. I completed my undergraduate degree in Liberal Arts with a minor in Gerontology at St. Cloud State University. It was these courses that sparked my interest and passion in pursuing my masters in Gerontology. My future goals include completing a doctoral program in Gerontology to educate college students about aging and the ways in which digital technology can improve the lives of older adults.

Babita Pokharel

Hello and Namaste! I am from Nepal and I am currently completing my Masters in Gerontology at St. Cloud State University. I completed my undergraduate degree in Nursing from my homeland. During nursing, I became more interested in working with older adults as I learned more about the aging process. Eventually, I developed an interest in pursuing a career in Gerontology. I believe I made the right decision to pursue my master's degree in Gerontology at SCSU as I get exposed to flexible and advanced Gerontology courses. Working as a Graduate Assistant in Gerontology is an exciting opportunity as it helps me to gain new experiences and develop leadership skills.



SPO & GERO Club News

HAVE YOU JOINED YET? Now is a great time to get involved!

The SCSU Gerontology Program hosts two student/professional organizations:
Sigma Phi Omega (the National Academic Honors and Professional Society in Gerontology) and the **SCSU Gerontology Club**.

Sigma Phi Omega *"seeks to promote scholarship, professionalism, friendship, and services to older persons, and to recognize exemplary attainment in gerontology/ aging studies and related fields."* Students, faculty, and community professionals are encouraged to join!

<https://www.sigmaphiomega.org/>

Also, all are welcome to join "The Gerontology Club" which was formed in conjunction with our local Sigma Phi Omega chapter.



Congratulations to Our New Board members!

GERO President: Babita Pokharel	SPO President: Amanda Clemens
GERO Vice president: Menu Thing	SPO Vice president: Nisha Khanal
GERO Treasurer: Amy Yang	
GERO Secretary: Babita Pokharel	



Upcoming SPO/GERO Club Meetings: (BH 313)

Wednesday November 1
 Wednesday November 15
 Wednesday November 29

Everyone is Welcome!

Gerontology News and Events

MGS 43rd Annual Conference

What: WELLNESS AGENDA: Healthy Communities. Healthy You.

When: Friday, April 27, 2018

Where: Earle Brown Heritage Center, Brooklyn Center, MN 55430

Registration: 7 AM – 8 AM

Program: 9 AM – 4:30 PM

For more information you can go to the website for the Minnesota Gerontological Society: www.mngero.org

GERO Program Alumni, we want to hear from you! Let us know how you are doing. Send us an email and, even if you have done so before, take a minute or two to fill out our on-line

GERO Alumni survey: <http://www.surveymonkey.com/s/J2TZJRK>.

We look forward to hearing from you!



Aparna Kaja

Meet a MS Gerontology Alum!

Aparna graduated in 2012 with her Master's of Science in Gerontology. After graduating, she pursued two of her passions by becoming a licensed Zumba instructor and also became a certified fashion designer. She assisted in the Calantha Fashion Show in Hyderabad, India. Aparna then moved to Canada and began working at ICICI Bank. Aparna is now married and has an 18 month old child. She and her family will be moving back to India where Aparna is planning to start a career in aging.

Keep in touch with SCSU Gerontology for more gerontology news!

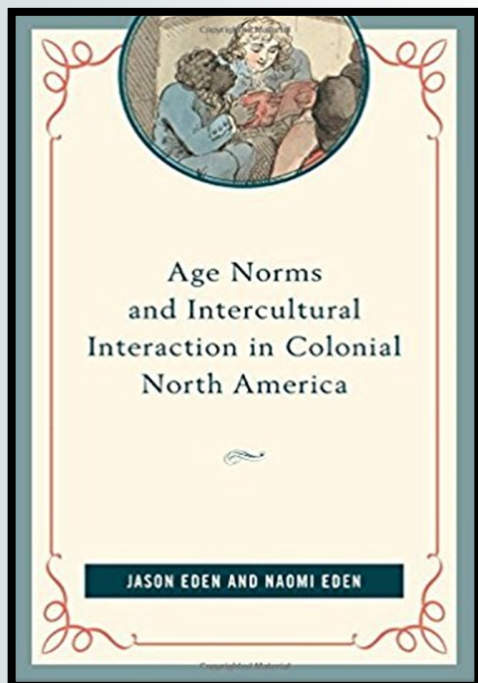


<https://www.facebook.com/ScsuGerontology>



<https://twitter.com/SCSUGerontology>

Book Announcements



Age Norms and Intercultural Interaction in Colonial North America

By: Jason Eden and Naomi Eden

“This interdisciplinary study examines how age norms shaped the experiences of Europeans, Native Americans, and African Americans in colonial North America, exploring how diverse population groups conceptualized the human life course and how they adhered to culturally specific sets of beliefs about the young and old.”

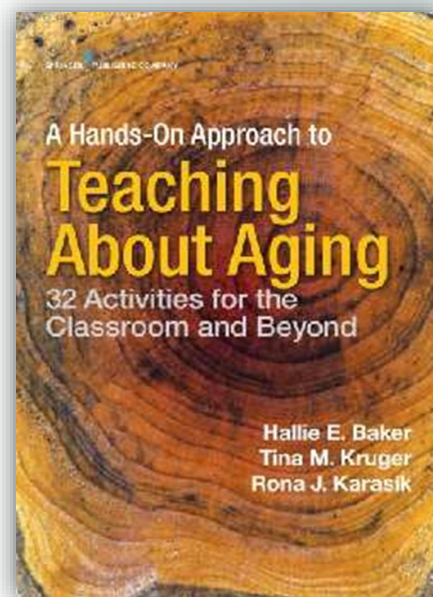
Jason Eden is a history professor at SCSU.

Naomi Eden is a graduate from SCSU in the Master’s of Gerontology program and Marriage and Family Therapy program.

A Hands-On Approach to Teaching About Aging: 32 Activities for the Classroom and Beyond

Edited by: Hallie E. Baker, Tina M. Kruger, and Rona J. Karasik

“Harnessing the proven benefits of active learning strategies, this is the first activity book created for a broad spectrum of courses in aging-related higher education. It features 32 classroom and community-based educational activities for instructors seeking to introduce or enhance aging content in their courses.”



Opportunities and information abound on our website!

Be sure to check out sections on careers in aging, internships, volunteer opportunities, and more!

<http://www.stcloudstate.edu/gerontology/>

If you would like to have information about an upcoming event or opportunity posted on the site – contact us at:

gerontology@stcloudstate.edu

Presentations & Publications

- Baker, H.E., Kruger, T. M. & Karasik, R.J. (eds.) (2018). A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. NY: Springer.
- Greenberg, P.A. (2018). Hands on Experience with the ADA (Americans with Disabilities Act). In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 215-222). New York: Springer.
- Greenberg, P.A. (2018). Public Policy and Aging. In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 233-235) New York: Springer.
- Greenberg, P.A. and Karasik, R. J. (July 2017). Taking care of the caregiver! Tools and steps for taking care of yourself while you take care of others. Workshop at Harmony River Living Center, Hutchinson, MN
- Karasik, R.J. & Kruger, T.M. (2018). Physical Aging. In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 207-209). New York: Springer.
- Karasik, R.J. (2018). Dementia Communication and Empathy. In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 45-62). New York: Springer.
- Karasik, R.J. (2018). Dementia. In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 41-44). New York: Springer.
- Karasik, R.J. (2018). Housing. In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 143-146). New York: Springer.
- Kishimoto, K. & Karasik, R.J. (2018). Applying Anti-Racist Pedagogy to the Exploration of Senior Housing In H. Baker, T. Kruger & R. Karasik, (eds.) A Hands-On Approach to Teaching about Aging: 32 Activities for the Classroom & Beyond. (pp. 178-206). New York: Springer.

Gerontology T-Shirt Sale!

Price: \$16.00

Sizes: Small-3X

Proceeds help SPO and Gerontology Club students to
attend and present at educational conferences.

Contact us to place your order!



Gerontology Program

Grab the
Opportunity

Spring 2018 Course Offerings
Registration begins October 30, 2017

**SPRING
2018**

Undergraduate Courses

GERONTOLOGY (GERO)

GERO 208 - 02 Introduction to Gerontology*	T, TH	11:00 AM - 12:15 PM
GERO 208 - 54 Introduction to Gerontology*		On-line
GERO 405 - 01 Aging and Diversity	T	5:30 PM - 8:20 PM
GERO 435 - 01 Housing, Transportation & Aging	M, W	3:30 PM - 4:45 PM
GERO 440 - 54 Popular Culture & Aging		On-line
GERO 444 - 01 Internship ***		Hours Arranged
GERO 465 - 54 Health and Aging		On-line
GERO 470 - 01 Global Aging	T, TH	3:30 PM - 4:45 PM

Graduate Courses

GERONTOLOGY (GERO)

GERO 505 - 01 Aging and Diversity	T	5:30 PM - 8:20 PM
GERO 535 - 01 Housing, Transportation & Aging	M, W	3:30 PM - 4:45 PM
GERO 540 - 54 Popular Culture & Aging		On-line
GERO 565 - 54 Health and Aging		On-line
GERO 570 - 01 Global Aging	T, TH	3:30 PM - 4:45 PM
GERO 630 - 54 Aging and Community		On-line
GERO 644 - 01 Internship ***		Hours Arranged
GERO 695 - 01 Comprehensive Exam***		Hours Arranged
GERO 697 - 01 Starred Paper (Plan B) Preparation ***		Hours Arranged
GERO 699 - 01 Thesis ***		Hours Arranged

**Meets Liberal Education Goal Area #5 and Diversity Requirement*

***Meets Goal Area #8*

****Permission Required*

The Gerontology Program offers an Undergraduate Minor, Masters Degree and Graduate Certificate!

For more information visit our website at www.stcloudstate.edu/gerontology or contact us:

Dr. Rona Karasik at rjkarasik@stcloudstate.edu (undergraduate)

Dr. Phyllis Greenberg at pagreenberg@stcloudstate.edu (graduate students)